

About GALs

The GALs program provides a safe and comfortable environment for young women to take an active role in improving their self-confidence and equipping them with the skills necessary for success into high school and beyond.



Program Objectives

The goal of the GALs program is for participants to develop positive leadership skills, strengthen social skills, practice more effective communication skills, and enhance their self-image, promoting academic and vocational success. Participants will also make new friends and have fun!

GALs Program Coordinator

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*Empowering youth and families to
build positive and fulfilling lives.*



Danbury Youth Services, Inc.
Strengthening Youth and Families



Girls As Leaders

GALs

Girls As Leaders

Program will focus on:

- Leadership Skills
- Emotional Development
- Relationships
- Social Pressures
- Coping Skills
- Body Image
- Academic Success
- Community Involvement
- Stress Management
- STEM Topics
- Communication

Registration for the 2024 GALs
Spring session is now open
for girls in **6th—8th grade**
Sessions begin February 13, 2024

GALs will meet
Tuesdays & Thursdays
4:30 to 6:30 pm
And Fridays
4:00 to 6:00 pm
at Danbury Youth Services
91 West Street in Danbury

**Return registration form to DYS no
later than February 7th.**

Leadership Qualities

- Responsibility
- Listening to others
- Courage & bravery
- Self-Confidence
- Appreciating your talents
& the talents of others
- Trusting your opinions & choices
- Effective decision making
- Healthy boundaries
- Being a positive role model
- Supporting your community
- Believing in yourself

**THE ABILITY TO MAKE SOMETHING
EXTRAORDINARY HAPPEN!**



Registration

Participant Information

Name: _____
Age: _____ Grade: _____
School: _____

Parent/Guardian Information

Name: _____
Address: _____
Home Phone: _____
Cell Phone: _____
Email Address: _____

Emergency Contact Information

Name: _____
Phone Number: _____
Relationship: _____

By signing below I agree that:

- I give permission for chaperones, administrators, and personnel affiliated with Danbury Youth Services, Inc. to seek medical attention for my child should he/she become injured. I hereby release chaperones, administrators, personnel, Danbury Youth Services, Inc and their agencies, commissioners, representatives and employees from all claims with respect to any injury sustained by my child as a result of participation in any program sponsored by Danbury Youth Services, Inc.
- I authorize Danbury Youth Services, Inc. to use photographs taken of my child/youth during program time and on field trips. I grant permission for these photographs to be used in promoting the work of Danbury Youth Services, Inc. I further authorize permission for the media (newspaper, television, radio) to interview my child and use his/her name if the media publishes an article or conducts an interview concerning any program sponsored by Danbury Youth Services, Inc.
- I give permission for my child to attend any field trips to various local points of interest in Danbury, CT. This will be allowed throughout Danbury Youth Services Programs. These trips will be under the supervision of Danbury Youth Services staff members.

Parent/Guardian Signature: _____ Date: _____